

## BI-AURA THERAPY

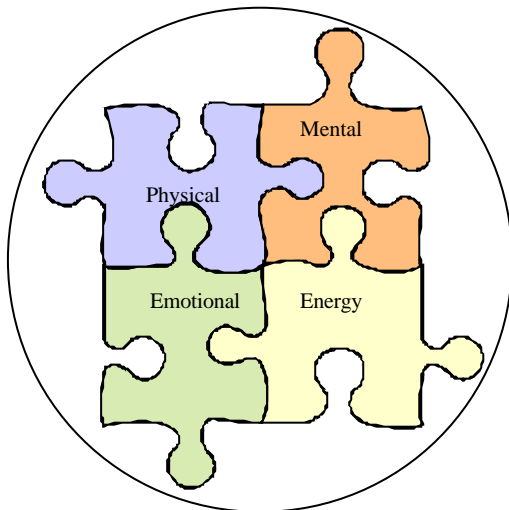
*“All Healing is Self Healing”*

### What is Bi-Aura Therapy?

Bi-Aura is an advanced system of bio-energy healing which works through balancing the human bio-field.

Bi-Aura therapists are trained to tune into blockages in the bio-field and to remove these blockages through a selection of mostly non-touch Bi-Aura techniques. Once the energy blockages are removed from the body it is normally only a matter of time before health is restored.

The main proposition in Bi-Aura is that *“all illness and injuries have a corresponding blockage in the normal energy flow through the body. By “clearing out” the energy blockage, this allows the body’s own healing processes to operate.”* It is scientifically established that the body has remarkable regenerative powers, and therefore it can be inferred that if the body can regenerate itself to the degree that it can replace up to 98% of itself in less than a year then there must be some factor that prevents the body from achieving this when “diseased”.



Furthermore, Bi-Aura regards abnormal states as part of a holistic model of the human body. A human is not just a body; it is a combination of physical, mental, emotional and energy qualities. As can be seen in this figure each of the qualities is interdependent with the others. An effect in one will be felt and manifested in the others.

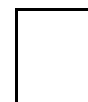
To watch a Bi-Aura session taking place, is similar to seeing someone practice Tai-Chi around the client. It is a graceful series of movements which help focus the therapist’s mind in order to manipulate the energy flow in and around the client’s body. There is no physical manipulation, and minimal contact. The client remains fully clothed.

A Bi-Aura session is generally 45 minutes in duration, and the recommended course of treatments is for one session a week for three weeks, and then a follow on session four weeks after the third session. An alternative, intensive, structure is to have one session a day for four days.

### 1. What does a therapy session involve ?

At the first session your therapist will chat with you about your medical history and current emotional and physical status. You will be asked to remove your shoes, watch, glasses and any chunky jewellery, otherwise you will remain fully clothed. If it is comfortable for you to do so, you will be asked to stand for the first part of the therapy when the therapist will scan your energy field and chakras to detect which blockages are apparent, the therapist will begin to stimulate the energy flow and clear the chakras. During this stage there will be little or no physical contact, although you may be aware of various sensations such as heat, cold, tingling or a feeling of lightness or heaviness, none of which are unpleasant or last long.

For the next part of the session you will be invited to sit or lie down when further energy clearing will take place. By now you are likely to be in a deep state of relaxation. The more relaxed the patient can become the more freely the energy is able to move and the more effective the session is likely to be. Where possible the final scan is conducted with the patient again in a standing position. The sessions last between forty minutes and an hour and we recommend that the recipient avoid over stressing for the rest of the day.

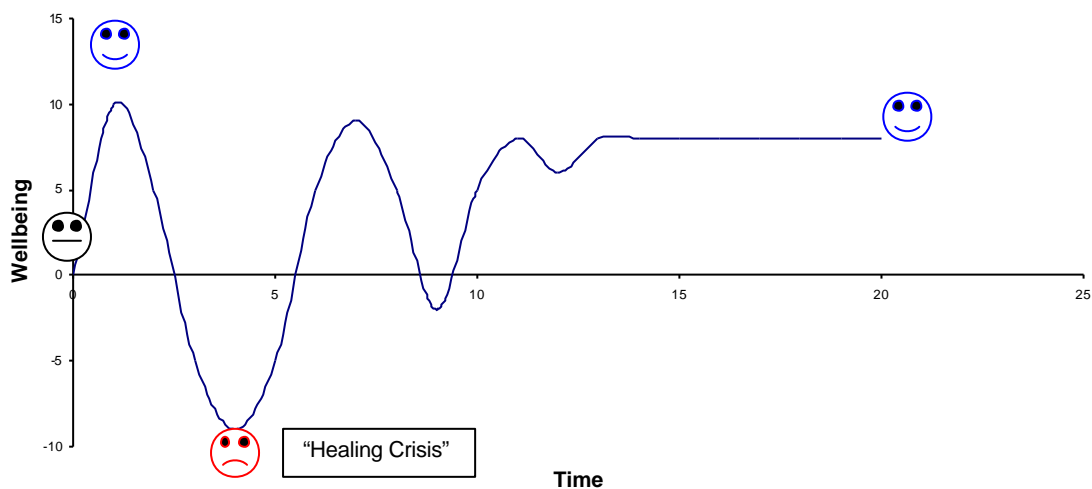


## 2. How will I feel after a session ?

The most frequently reported immediate reaction is a sense of lightness, as if a weight has been lifted from the shoulders, an inner sense of well being and many people find that they sleep extraordinary soundly that night. It is not unusual for people to find that there is:

- An immediate improvement in health, often with significant reductions in pain
- No immediate change but a later realisation that the ailment has gradually gone
- An apparent deterioration, in the condition, sometimes referred to as a “healing crisis” while the body adjusts to the changed energy flow followed by significant improvement . See the graph below. The time scale is dependent on the person and could represent minutes, hours, or days!

### Level of health after a Bi-Aura Session



## 3. Do I have to believe in Bi-Aura therapy for it to work ?

No, but thought is energy so it is ideal that anyone receiving the therapy should have an open mind. If a person is adamant that Bi-Aura will not work for them they are unlikely to get a good result as their negativity will adversely affect the energy flow.

## 4. Will it cure me and how long will it take ?

Most ailments can be alleviated quite quickly and simply by Bi-Aura therapy but some people can, quite subconsciously, experience difficulty in letting go of their complaint. On these occasions the therapist will encourage the patient to participate in their own healing by learning that our health is affected by the way we think and how we literally make ourselves ill by holding onto old emotional pain and resentment. Patients are then able to recognise and begin to let go of these negative thought patterns, in turn releasing the trapped energy causing the ailment. The person's willingness to accept this concept will dictate the speed of recovery.

## 5. Will my ailment come back ?

The aim of Bi-Aura is to assist the body's own healing rate to increase and function normally so it can heal itself of the ailment. So long as your healing rate is greater than the rate at which the body is damaging itself (through things like diet, stress, pollution, and emotional issues) then you will remain free of the past ailment. A good analogy is with your bank balance. So long as you have more money coming into your balance than going out, your bank manager is going to be happy. So, don't start writing cheques your body can't cash!

