

BI-AURA Energy Therapy

by: Lynne E Ridley BEHD BAF reg

Who will benefit

Described by medical physician and Vice President of the CMA, Dr Mark Atkinson as ***“The most powerful, exciting and clinically effective energy therapy I have witnessed”*** Bi-Aura therapy is completely natural and therefore safe and effective for all, from the very young to the elderly and animals.

Seeing is dis-believing

When I first witnessed this therapy I was incredulous! The therapist moved in flowing, graceful, perpetual motion around the patient who, although standing, was in a completely relaxed state. He made no physical contact with the patient yet it appeared as if he held invisible rods with which he was able to propel her gently around the room.

Upon experiencing Bi-Aura for my self I was aware of chills, drafts, intense tingling and sensations reminiscent of bubblewrap popping inside my body. In the few days following each session I noticed subtle changes in my physical health and well being. After three sessions my long- term lower back and digestion problems had become history.

How could such a bizarre ‘hands off’ therapy be so powerful and clinically effective?

The energy field

Is a fusion of two forms of energy: universal energy, which comes to us from space, and earth energy from the planet. Vortices of energy known as chakras are located at specific places in the body. These chakras act as energy receivers, generators and transformers. Universal energy enters at the crown chakra and earth energy enters at the base chakra; these energies flow up and down the centre of the body meeting at other major chakras. Individual chakras transform the energies to vibrate at the appropriate frequency required to feed the organs of the body dependent on that chakra.

Beyond the physical body but penetrating it are several interconnecting layers of energy; these make up the energy field otherwise known as the aura. Energy and information are constantly exchanging between the chakras and the aura.

How Bi-Aura therapy works

All illness and chronic pain is encoded in the energy matrix in the form of energy blockages or disturbances. These may have arisen suddenly as a result of physical, mental or emotional trauma or over a period of time through established mental patterns of stress, anxiety or fear. These blockages become locked in the auric field and obstruct the healing flow of energy. When these blockages are dispersed and the energy flow is restored, healing is carried throughout the body down to the cellular level. The natural instinct of the body is to heal and, as the healing energy is always present, if we can remove whatever is preventing us from receiving this energy then our health will definitely improve.

Bi-Aura practitioners are trained to locate imbalances in the energy system and their knowledge of the energy matrix enables them

to assess whether an energy blockage has a physical or emotional root and whether it is a past or present issue.

Using a series of hand movements Bi-Aura practitioners raise the vibration of the blocked energy enabling it to be drawn out of the chakras and cleared from the aura. Similarly they are able to attract energy to deficient areas.

What to expect

Clients are asked to commit to a **minimum** of four sessions as, although it is usual for people to be aware of subtle changes after only one session, deep seated energy blocks may take several sessions to break down.

The therapy requires no oils or special equipment yet the results can be astonishing, from the welcome sense of peace and wellbeing to the profound relief of chronic pain. Clients remain fully clothed during sessions and although there is little or no physical contact many experience a variety of sensations such as tingling, heat, cold, a feeling of lightness and a deep sense of relaxation.

There are three main types of response to Bi-Aura therapy

- An immediate improvement in health, often with significant cessation of pain
- No obvious change but a later realization that the ailment has gradually faded away
- An apparent, worsening of symptoms (often referred to as a healing crisis) as the body adjusts to the changed energy flow

"After my second session I experienced symptoms similar to those felt during the bout of influenza that preceded my condition. Following the third session I was pleasantly surprised to find myself once more able to undertake tasks in a manner I had once thought of as perfectly natural. It was a source of personal happiness to find myself becoming pleasantly tired instead of feeling bad tempered and totally drained of energy" Ken Anderson, chronic fatigue.

Others experience immediate benefits: ***"I was amazed to discover after one session of Bi-Aura therapy the pain I had experienced in my arms for over three years had vanished and was even more delighted when it did not return."*** Malcolm Maine, old shoulder injury.

We are delighted to provide presentations, demonstrations and sample sessions to interested associations and Diploma training courses are becoming available nationwide. For details and practitioner directory please contact:

***The Bi-Aura Foundation.
School of Energy Therapy
Newton,
Stocksfield,
Northumberland
NE45 7UN***

Tel: 01661 844899 email: info@bi-aura.com or visit www.bi-aura.com

Bi-Aura Energy Therapy Training

Bi-Aura therapists without exception view their training as profoundly thought shifting and life enhancing. By the simple process of working through the seven major energy centres (chakras) over the course, the subconscious is brought into consciousness and healing commences at a cellular level. The emphasis is on establishing a solid foundation and strong connection to the earth through the lower chakras before moving into the upper chakras and higher awareness. This way it is possible to sort what is real from illusion and avoid the mental and emotional confusion which can result from working with higher frequency energies if the link to the physical is weak. In other words Bi-Aura therapists are very down to earth people, living in the here and now, with the skills to work safely with higher energies.

Personal development:

The course places a great deal of emphasis on the development of the trainee acknowledging that the clearer ones own energy system the greater the channel for healing energy. Over the part time nine months training period students undergo a great deal of self-evaluation and clearing, leading to spiritual enlightenment. A combination of specifically designed energy therapist exercises and Chi Kung exercises are taught to improve and maintain the health, co-ordination, inner power and discipline of the trainee.

Theory

- Bi-Aura healing, the Eastern and Western approach
- Metaphysical causation
- Life force, auras and chakras
- External and internal chi

- Thought is energy and creative
- Dowsing and energy interpretation
- Meditations and spirituality
- Negative and harmful energy
- Exchanging energy and breaking control dramas
- Living in the moment
- Building a successful practice

Graduates receive a Bio-Energy diploma and are invited to become members of **The Bi-Aura Foundation** and become a Bi-Aura Practitioner.

Ongoing support and guidance is available from the Foundation to help you set up and build your business from a Practitioners Business Manual to stationery, business cards and promotional material.

Membership ensures each practitioner is accountable, insured, working to the same code of ethics and providing a consistently high level of service to the public.

Registered with the CMA & BCMA The Bi-Aura Foundation is constantly working to raise the profile of Bi-Aura through the media, exhibitions and interaction with the medical professions.

The aim of the foundation is for Bi-Aura to become fully integrated with orthodox medicine in the N.H.S and for the therapy to be readily available to everyone. Towards this end a research & development team has been formed headed by Dr. Mark Atkinson. Successful pilot clinical trials have taken place and funding is being sourced for further expansive trials to substantiate the anecdotal evidence of the effectiveness of Bi-Aura therapy. At the same time an evidence base is being formed via audit and evaluation forms.

The Bi-Aura website contains a practitioner directory from which potential clients can access the practitioner direct. The Foundation also receives frequent inquiries from people wishing to receive therapy and these are referred to members in their locality.

The Bi-Aura Foundation has over 150 fully qualified therapists throughout Scotland, Ireland and England from all walks of life including doctors and nurses.

Their comments

“Since I come from a science background (with over 30 years in Medical Physics in the N.H.S.) I found the early part of the course particularly testing because of the new concept of bio-energy which I had to accommodate into my thinking. I feel I have now grasped a scientific description and explanation of energy that can happily and adequately contain all concepts of energy healing.” David Thompson. Northumberland.

“Based on the principle that all disease is, at root, an energy imbalance, Bi-Aura therapy provides a way of improving people’s health irrespective of their condition” Drs. Sheila and Robin Gibson, Glasgow

“Bi-Aura with its principles, and practise has so far offered me answers to my questions on a physical, spiritual and emotional level” James McIntosh. Glasgow. Social worker.

“Without taking away from other therapies in my opinion Bi-Aura is the most potent therapy I know of” Chris Hughes. Inverness. Hypnotherapist

“The course was an experience of firstly self-discovery and realisation of the potential we all have, a journey into the realms of the quantum physical world, which connects us with everything in nature and indeed the universe.” Margaret Lovatt. Perth. Nurse.

Some therapists have chosen to work part time from their homes while others are working fulltime in clinics. Several specialises in the treatment of animals and, as the business world recognises the values of Bi-Aura therapy to the workforce, we have several therapists operating within the corporate environment

Presently a team of Bi-Aura therapists travels throughout England holding treatment clinics in the areas that as yet have insufficient therapists to meet the rising demand for therapy.

Please visit the Bi-Aura Foundation web site : **<http://www.bi-aura.com>** for up to date listings of our training courses and qualified practitioners. Alternatively, contact us at:

Bi-Aura Foundation

The Rookery

Newton

Northumberland

NE43 7UN

UK

Tel : +44-(0)1661-844-899

Fax : +44-(0)1661-844-882

E-mail : info@bi-aura.com