



BI - AURA<sup>®</sup>

Therapy



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## FOREWORD

Thank you for requesting the brochure of Bi-Aura training courses available this year.

The growing popularity of Bi-Aura Therapy means that this year we are training in Dublin, Belfast, London, Scotland and Merseyside. Since Bi-Aura was established in the UK in 1997 we have trained hundreds of people who are now working in the field of helping and healing others. Many of these people now have full time careers in Bi-Aura Therapy, either working from home, in Health Holistic Centres, 'Well-being' areas of top hotels or in their own practices elsewhere. Others have chosen to utilise their Bi-Aura skills as volunteers in the third world. Whether you are looking for a new and well paid profession, self development, to learn about the techniques or to become part of a friendly and supportive organisation, the Foundation gives you the chance to follow your own path.

As well as being endorsed by a number of top professionals, the Bi-Aura Therapy diploma carries A-Level status and can be used for University access in the UK. The Foundation is also a member of the Complementary Medical Association (CMA) and the British Complementary Medicine Association (BCMA). Our courses have Open College Network accreditation and, if you decide to become a registered Bi-Aura practitioner, you will receive support, assistance and further training provided by the Bi-Aura Foundation.

Finally it is a great privilege to announce that the Bi-Aura Foundation has been awarded

charitable status. This award reflects the ethos and on going credibility of the foundation, and on behalf of myself and all the training team, may we wish you all the very best in pursuing such a rewarding bio-energy course, supported by a team of dedicated and passionate tutors.

If you would like to join us on our courses this year, please do not hesitate to get in touch. I would be delighted to discuss any questions you may have, either by email at [info@bi-aura.com](mailto:info@bi-aura.com) or telephone me on 01661 844899.

I look forward to hearing from you.

With best wishes



**Máire Caithlín Denny**

Founder of the Bi-Aura Foundation



## INTRODUCTION

***“Health is not just the absence of illness – health is wholeness, vitality, clear thinking and a willingness to embrace change”***

### ***What is Bi-Aura Therapy***

Thousands of years ago, Eastern healers understood the fundamental part that energy plays in our health and wellbeing. They learned where the centres of energy lay in the human body, how the patterns of our energy flowed and how to channel these energy flows. In the last century western science discovered that everything we can see and feel in the physical world around us, including the body, is simply a manifestation of energy flowing in precise and ordered patterns. Bi-Aura therapy has built on this ancient knowledge and developed special techniques which enable practitioners to clear blockages or imbalances in the energy field and reactivate the body's natural energy and capacity to heal.

### ***Who will benefit***

Described by medical physician and Vice President of the CMA Dr. Mark Atkinson as *“The most powerful, exciting and clinically effective energy therapy I have witnessed”*, Bi-Aura therapy is completely natural and therefore safe and effective for all, from the very young to the elderly and animals.

### ***How Bi-Aura therapy works***

All illness and chronic pain is encoded in the energy matrix in the form of energy blockages or disturbances. These may have arisen suddenly as a result of physical, mental or emotional trauma or over a period of time through established mental patterns of stress, anxiety or fear. These blockages become locked in the auric field and obstruct the healing flow of energy.

When these blockages are dispersed and the energy flow is restored, healing is carried throughout the body down to cellular level. The natural instinct of the body is to heal and, as the healing energy is always present, if we can remove whatever is preventing us from receiving this energy then our health will definitely improve.

### ***The energy field***

The energy field is a fusion of two forms of energy: universal energy from space and earth energy from the planet. Vortices of energy, known as chakras, are located at specific places in the body. These chakras act as energy receivers, generators and transformers. Universal energy enters at the crown chakra and earth energy enters at the base chakra; these energies flow up and down the centre of the body meeting at other major chakras. Individual chakras transform the energies to vibrate at the appropriate frequency required to feed the organs of the body dependent on that chakra. Beyond the physical body but penetrating it, are



several interconnecting layers of energy; these make up the energy field otherwise known as the aura. Energy and information are constantly exchanging between the chakras and the aura.

### ***The Bi-Aura practitioner***

Bi-Aura practitioners are trained to locate imbalances in the energy system and their knowledge of the energy matrix enables them to assess whether an energy blockage has a physical or emotional root and whether it is a past or present issue.

Using a series of hand movements Bi-Aura practitioners raise the vibration of the blocked energy enabling it to be drawn out of the chakras and cleared from the aura. Similarly they are able to attract energy to deficient areas.

### ***What to expect***

Clients are asked to commit to a minimum of four sessions as, although it is usual for people to be aware of subtle changes after only one session, deep seated energy blocks may take

several sessions to break down. The therapy requires no oils or special equipment yet the results can be astonishing from the welcome sense of peace and well being to the profound relief of chronic pain. Clients remain fully clothed during sessions and although there is little to no physical contact many experience a variety of sensations such as tingling, heat, cold, a feeling of lightness and a deep sense of relaxation.

There are three main types of response to Bi-Aura therapy:

- An immediate improvement in health, often with significant cessation of pain
- No obvious change but a later realisation that the ailment has gradually faded away
- A brief, slight exaggeration of symptoms (often referred to as a healing crisis) as the body adjusts to the changed energy flow.



## **Training – your inner self is the key**

People today are feeling more and more isolated with little sense of belonging on this planet. Aware of the vacuous nature of their lives many people try to fill the void materialistically while others travel the world searching for enlightenment. Always, we look outside ourselves for comfort, yet it would appear that the answer to the quest lies inside us all. However, it would seem that this is the last place we are prepared to look. What are we afraid to find? Why should some feel that without living in deprivation, suffering and denial of the physical self, we will not find the light? Surely inner peace is far more simple to access. By showing compassion and forgiveness towards ourselves as well as others, we can learn self-acceptance, recognise illusion, let go of the fear and live wholly in the moment.

Bi-Aura students view their training as profoundly thought-shifting and life-enhancing. Through the simple process of working through the seven major energy centres (chakras), the subconscious is brought into consciousness and healing commences at a cellular level. The emphasis is on establishing a solid foundation and strong connection to the earth through the lower chakras and higher awareness. This makes it possible to sort what is real from illusion and avoid the mental and emotional confusion that can result from working with higher frequency energies when the link to the physical is weak. In other words, Bi-Aura therapists are very down-to-earth people, living in the here and now, with the skills to work safely with higher frequencies.



**Lynne E Ridley**  
**B.E.H.D. T.I.A.C.E**

Senior Trainer of the Bi-Aura Foundation

*Based at the Bi-Aura Foundation UK headquarters in Northumberland, Lynne divides her time between assisting in the general management of the Foundation, student support, training, and running her own successful Bi-Aura practice. She derives great satisfaction from her work, and was the first to apply the Bi-Aura techniques to animals, from sheep to racehorses, with great success. Lynne's passion for Bi-Aura is always evident as is her natural ability to inspire equal enthusiasm in her students.*



## COURSE OVERVIEW

Training takes place one weekend a month over nine consecutive months. Beginning at 9.30am and finishing at 6pm each day with regular breaks for refreshments and lunch. Course notes are given to students in advance and provide a structure for the activities of each weekend.

### *The chakras*

Beginning with the Root chakra and working up to the Crown, each of the first seven weekends focuses in depth on the influence of a specific major chakra and the consequences should it be excessive or deficient. This activates the relevant chakra within the student and evokes any issues associated with it to come to light.

A transitional period follows as these old, often forgotten, emotions are addressed. Students are taught how to recognise and process this trapped mental or emotional energy and to release it from their energy field.

As their energy fields clear the students' ability to hold energy increases, as do their healing skills.

### *Chi-Kung*

Exercises are taught which students and therapists alike are expected to practise on a daily basis. These exercises provide a simple yet powerful tool to create a conscious awareness of our own energy field and to induce and maintain high levels of energy.

### *Bi-Aura techniques*

These are demonstrated and taught from day one and students are able to instantly effect positive changes in another's energy field. After the first weekend they are encouraged to practice on family and friends and to meet up and work with each other as often as possible.

Each month the previous month's theory and practise are recapped and more advanced techniques and further theory introduced. Usually at least four interactive Bi-Aura sessions take place each weekend.

### *Metaphysical causation*

The body is regenerating throughout every second of our existence. Isotopic studies have shown that we replace 98% of all the atoms in our body in less than one year. This being the case why do we remain sick for longer than this period?

Studies show we think in excess of 70,000 thoughts per day, 95% of which are the same thoughts we had the day before. So we keep creating the same patterns that create the same physical expressions.



## **Meditation**

An invaluable tool to access our internal processes and communicate consciously with the physical, mental and emotional bodies. This does not involve sitting for hours willing something to happen, but spending a few minutes quietly sending our awareness to the chosen area. With practice it is possible to meditate in a bus queue, on a train or while walking.

## **We are what we think**

Our bodies are not a separate part of our being but a physical manifestation of the whole. There is a memory and consciousness in every single cell that responds to every thought that we have.

Consequently negative beliefs about ourselves, others or life and unexpressed emotions such as grief, anger, fear and love or unprocessed feelings of hatred, guilt, shame and resentment will eventually manifest as ailments in the physical body.

## **Thought is energy**

By learning to recognise our own negative thought patterns and self-limiting belief systems we learn that to forgive and accept ourselves is the first step towards the genuine forgiveness and acceptance of others.

Only when this is achieved are we truly in a position to have genuine compassion for others and to hold a safe and powerful healing space in which to assist others in their individual healing process.

## **Thought is creative**

Where we can create illness we can create health. Where we can create poverty we can also create wealth. We unconsciously attract the evidence to support what we think and believe. Equally, it is the nature of our existence that our beliefs should be challenged so that we are encouraged to re-evaluate and choose whether to reaffirm, modify or expand our beliefs.

## **Communicating with our body**

By first accepting that our ailments are our body's way of drawing our attention to one of the above we can begin to listen to and begin to understand the body's message.

Is my stiff neck a reflection of my rigid beliefs?

Is my sinusitis an indication that I am allowing myself to be oppressed by someone?

Is my arthritis a crippling reminder of my self-denial and subsequent frustration?



### **Control dramas**

We act them out every day of our lives. This section teaches us how to recognise the different roles we take on and why we do so, and how to break the pattern and avoid being drawn into other people's dramas. This frees us from the need to take energy from others and teaches us how to give energy freely so we need never feel drained by another person again.

### **The significance of colours**

When healthy, each chakra vibrates to a specific colour frequency. We learn the healing power and appropriate use of colour in Bi-Aura therapy sessions.

### **Spiritual unfoldment**

Our body and mind cannot develop fully and be in balance without also developing our spiritual awareness. This section includes:

- Connecting with our higher self and universal light
- Raising our energy vibration

- Recognising what is real from illusion
- Developing extra sensory perception
- The unfoldment of compassion and wakening to love.

### **Professional practise**

From active listening, case notes and patient confidentiality to promoting and running your own business are integral to the curriculum. This section also includes lectures from professional business advisors.

### **Training fees**

Vary according to the location of the course (please see separate training fees document) and include:

- Nine training weekends
- Training manual
- Practical and theory examination costs
- Insurance
- Case study appraisal
- Unlimited dialogue between the student and Bi-Aura trainers
- Light refreshments.



## COURSE REQUIREMENTS

Attendance of the entire course is mandatory. If a weekend is missed the student will be required to attend the relevant weekend on a later course.

### **Journal**

Students are required to keep a journal recording energy awareness, personal clearing and healing experiences as they take place throughout the course.

To augment this process individual therapy sessions with a registered Bi-Aura practitioner at least once a month are an additional requirement.

### **Anatomy and physiology**

Before going into professional practice it is necessary to have a working knowledge of the above. This can be self taught or achieved by a correspondence course provided by an independent organisation or by ITEC through your local adult education centre.

### **Emergency First Aid**

Professional therapists from all disciplines are required to keep their emergency first aid skills up to date. St. Johns Ambulance and The Red Cross provide half day and day training courses nationwide. Students are required to attain a First Aid certificate prior to the exam weekend.

### **Homework**

As well as daily practise of Chi Kung exercises and regular practise of Bi-Aura techniques further home study is required. Each training weekend questions will be set relevant to the theory covered. These should take up to two hours to complete.

### **Case studies**

From the fourth month of training students are required to begin compiling six case studies, recording the first three and final session of each in depth. These form the nucleus of a more expansive personal portrayal of Bi-Aura, which must be submitted on the eighth weekend.

### **Personal development**

To graduate it is essential that, as well as competence in the theory and practise of Bi-Aura, appropriate levels of personal development are achieved. Therefore students are assessed, advised and supported on an individual basis throughout the course.



### **Course fees**

Full course fees must be paid and case studies handed in prior to sitting the practical and theory examinations.

A Diploma in Bio-Energy therapy and a NOCN A-level equivalent certificate are awarded to students who have achieved the appropriate level of personal development and a minimum of 75% for each of the following:

- Case studies
- Knowledge and application of techniques
- Written exam.

Graduates are invited to become members of The Bi-Aura Foundation and to use the title Bi-Aura practitioner.

### **Animal Healing**

Further two day training courses in this very popular field are also available to members.

### **Further training**

Annual professional development weekends are held in the UK and Ireland. These provide a wonderful opportunity for members to exchange ideas and experiences. New techniques are demonstrated and presentations given by distinguished guest speakers from the world of complementary health and energy healing.

### **Support**

The Complementary Medical Association and The British Complementary Medicine Association are both very supportive of the Bi-Aura Foundation and training, and graduates are eligible to join the CMA and BCMA as full members. The benefits included recognition by other health professionals and the public as a reputable and qualified practitioner, client referrals, newsletters and being part of organisations dedicated to promoting the importance and potential applications of complementary therapies within orthodox medicine.



## COURSE SYLLABUS

*“Our bodies are not a separate part of our being, but a physical manifestation of the whole”*

### **Weekend 1: Root chakra**

Theory: Course introduction and overview; The background and origin of Bi-Aura; The energy matrix; Energy healing/the invisible world; Increasing physical energy; Metaphysical condition; Root chakra influences.

Practice: Chi-Kung; Meditation; Demonstrations; Bi-Aura techniques stage one; Interactive sessions.

### **Weekend 2: Sacral chakra**

Theory: The healing curve; Cleansing – internal and external; the tools of Bi-Aura; Healing colours; Healing colours; Sacral chakra influences.

Practice: Chi-Kung; Meditation; Extrasensory perception 1; seeing energy and using colour; Bi-Aura techniques – stage two.

### **Weekend 3: Solar plexus chakra**

Theory: Decisions and procrastination; Inner power; Control dramas – understanding people; Medical intervention; Four-step recovery plan; Solar plexus chakra influences.

Practice: Chi-Kung; Meditation – Seven levels of consciousness; Sensing subtle energy; Interpreting chakra disturbances; Bi-Aura techniques – stage three; Advanced migraine technique.

### **Weekend 4: Heart chakra**

Theory: The body's regeneration; Disease and physiology; Human potential; Introduction to case studies; clinic set-up – records; The body's regenerating; Utilising advanced techniques; Heart chakra influences.

Practice: Chi-Kung; Meditation; Emotional detoxification; Bi-Aura techniques – stage four; Advanced spinal alignment technique.

### **Weekend 5: Throat chakra**

Theory: Purity and detoxification; Health and the aura: Minor chakras; Listening to the higher self; the expression of the chakras; Healing the inner self; Throat chakra influences.

Practice: Chi-Kung; Meditation; Bi-Aura techniques – stage five.

### **Weekend 6: Brow chakra**

Theory: Power points that cause change; reaching the quantum world; Psychology and physiology. Belief systems; Brow chakra influences.

Practice: Chi-Kung; Meditation; Extrasensory perception – stage two; Psychic healing; distant healing; Bi-Aura techniques – stage six.



### **Weekend 7: Crown chakra**

Theory: Spiritual integration; Personal development; Seven spiritual steps; Crown chakra influences.

Practice: Chi-Kung; Meditation; Bi-Aura techniques – complete.

### **Weekend 8: Professional practise**

Theory: Business training programme – working as a therapist, clinic set-up and records, legal requirements, insurance, promotion, administration and accounts; Start as you mean to go on.

Practice: Professional therapy sessions; Clinical feedback and advice; Role play and record keeping.

### **Weekend 9**

Day one: Examination of the students understanding of the purpose and practical application of Bi-Aura techniques.

Day two: Theory examination – three hour written paper. Debrief and open forum.

### **Student testimonials**

*"I loved my Bi-Aura journey. It was challenging, funny, rewarding and taxing. I learnt more about myself and actually softened some of my intolerant attitudes." **B.A.***

*"I am a different and better person. The course has opened a window and allowed my long standing problems to come to the surface and be healed." **S.P.***

*"I experienced a highly accelerated growth curve in the 9 months I spent on the course, clearing old behavioural patterns, blockages and deep rooted subconscious emotional baggage." **G.T.***

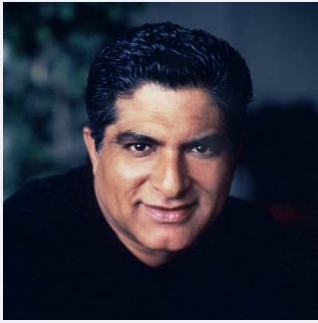
*"The course has helped me to lighten the load, have a better understanding of the patterns in my life and given me the opportunity to let go. Life feels much lighter now." **T.M.***

*"I have learned more about myself, what sort of person I am and where I am holding myself back. I came onto the course to learn how to help and heal others and will use it for that but my own learning has been more important." **A.M.***

*"The Bi-Aura course helped me clear a lot of stagnant energy and gave me a fresh perspective and focus. Most of all it helped me to face my inner most fears, primarily ones of change and moving forward. I can honestly say that I have moved beyond my fears and feel joyful about living in the moment." **G.R.***



## SUPPORT TEAM



### ***Dr Deepak Chopra***

The Bi-Aura Foundation is privileged to have as an honorary member Dr Deepak Chopra. Acknowledged as one of the world's greatest leaders in the field of mind body medicine Dr. Chopra has given the world such tremendous strength and guidance through his books and teachings – one who is committed to changing our world for the better! You can find out more about Dr Deepak by reading his profile on the 'who's who' page of the Bi-Aura website.



### ***Anodea Judith***

The Bi-Aura Foundation is also pleased to have as an honorary member Anodea Judith. For those involved in the world of healing and complementary health, Anodea will be well known through her many achievements as an international writer, and renowned healer. Her best known books include *Wheels of fire*; *Eastern body-western mind*; *The Audio series*; *The Chakra system* and the award winning video, *The Illuminated Chakras*. Based in California, her workshops are offered across the United States, Europe and the United Kingdom.



### ***Dr Mark Atkinson***

Dr Mark Atkinson is an internationally known pioneer of holistic medicine and one of the UK's leading authorities on the drug-free treatment of depression, CFS and chronic stress. His "whole body healing approach" to health and healing has been used to facilitate the recovery of hundreds of people from around the world, featured in the national press and showcased to millions of people on Europe's most popular breakfast TV show - GMTV.



### ***Professor Jayney Goddard***

Professor Jayney Goddard is the president of the Complementary Medical Association (CMA), the world's largest professional membership body for complementary medicine (CM). Widely regarded as one of the world's leading experts in this field Jayney received the "Achievement Award 2003-2004" for outstanding contribution to complementary medicine.



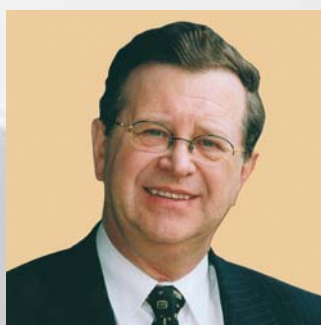
### ***Dr David Mason Brown***

In the words of a colleague, David is a unique individual. As well as being a gifted doctor, he is a healer in the true sense of the word. He healed himself from an illness that nearly destroyed his life and now he heals others who have often given up hope.



### ***Eunice Goodwin***

Eunice is a breast cancer programme facilitator within Ayrshire and Arran Primary Care Trust. Part of her remit is to implement complementary therapy for breast cancer patients after their treatment is completed. Eunice has also developed an evaluation tool generic to a lot of CAM (complementary alternative medicine) practices. In order to take CAM forward and integrate it into the NHS, an evidence-based approach is vital.



### ***Mr Jan de Vries***

Jan de Vries is a name that has been synonymous with expert complementary healthcare for over 40 years. In 1960, Jan de Vries and Dr Alfred Vogel started the very first naturopathic clinic in Holland, and ten years later, Jan set up his first UK clinic in Troon, Scotland and he still practices there today, albeit at a new location, 'Auchenkyle'. Jan now has a total of seven complementary healthcare clinics.



### ***Dr Anthea Anand***

Experienced in many fields of allopathic medicine Anthea's concern at the few true cures and multiple side effects of principally drugs and surgery she witnessed led her to explore other options. Choosing to qualify in dietary therapy and Bi-Aura she gained a profound insight into the naturopathic approach to health and Nutrition. Combined with her 1st class honours degree in Biochemistry Anthea had found a scientific inroad to the natural health field. Especially interested in promoting the value of Bi-Aura to the General Public and the NHS Anthea is currently using her combined skills and knowledge to create a Bi-Aura evidence base through research, audit and evaluation.

## LETTERS OF ACCREDITATION

April 2005.

*"Bi-Aura is the most powerful and clinically effective complementary energy therapy I have witnessed".*

In my experience as a holistic medical physician and specialist in bio-energy therapy, Bi-Aura is one of the world's most effective approaches to accelerated self-healing. Having trained in Bi-Aura myself, I can vouch that the training is facilitated to the highest standard and is conducted with integrity and the utmost professionalism.

In terms of the benefits of Bi-Aura therapy to the individual who is experiencing health problems, the benefits are considerable. I have personally witnessed individuals with rheumatoid arthritis and chronic back pain recover significant levels of functionality and wellbeing within just 4 sessions of Bi-Aura - the transformation was not only considerable and unlike anything I have seen with conventional medications, but it was without side-effects and the improvements were sustained.

It is my firm conviction that Bi-Aura has an important and valuable role to play in the provision of healthcare (primary and preventative) to the people of this world and that it should be made as widely accessible as possible.

Dr Mark Atkinson

Holistic Medical Physician and Past Chairman of the British Society for Integrated Medicine  
London

Re: The Bi-Aura Foundation

My wife, Dr Anthea Anand, and I both are doctors. I have been a GP in Newcastle for the last 22 years. We have been very involved with Integrated Medicine and teach medical students of Newcastle University.

We heard about Bi-Aura in June 2004 and went ahead and experienced the healing effects for ourselves.

We were so impressed with their safe and ancient method of healing that we joined their course in September 2004.

The methods we are learning are powerful and non-invasive. No pharmaceutical (with their side effects and costs) or equipment (with similar problems) is used.

Though the techniques are ancient and time-honoured we are given very clear scientific understanding of them.

The course is given over full weekends spanning 9 months. The supervision is excellent with the tutor and assistant tutors monitoring our progress on a weekly basis during the 9 month course.

As a student I have successfully treated 6 people and on finishing the module will be using Bi-Aura with my patients.

We wish the Bi-Aura Foundation every success.

Dr Anand  
MBBS MRCCGP  
Newcastle

April 2005

I am writing to give my endorsement as a physician, who works partly in the field of energy medicine, to bring to the notice of the general public the Energy Healing Therapy that the Bi-Aura Foundation has achieved.

In recent years it has become increasingly scientifically evident that all disease occurs at the electro-magnetic and quantum field levels. This is why there are now both Energy Medicine and Energy Psychology, though most of the fundamental research is being carried out by scientists, whose usual qualification includes a PhD, in electro-magnetics or quantum physics.

Disease or as it used to be spelt two hundred years ago as dis-ease, occurs when individuals have ongoing significant life events in their lives. This affects the physical, emotional, mental, and also the spiritual levels causing increasing negative stress, suppression of the immune system, dysfunction at the cellular level, and finally illness and death. The first measurable changes are in the electro-magnetic field regardless of the level. These changes produce electro-magnetic blockages and it is at this fundamental level that Bi-Aura practitioners can intervene.

The Royal College of General Practitioners has found that a quarter of the adult working population complain to their family doctors that they have increasingly reduced levels of mental and physical energy that are interfering with their quality of life. A more recent study in the South-East reported 46% as chronically tired. Not only does Bi-Aura help the energy levels, but it helps the individuals work through the issues in their lives that have prevented them dealing with relevant situations. At this level Bi-Aura helps individuals achieve what Abraham Maslow called their self-actualisation.

An increasingly common illness, chronic fatigue syndrome and the more severe version, Myalgic Encephalomyelitis, are described by Japanese doctors as Reduced Total Body Electric Charge Syndrome. I have seen over three hundred patients with this condition over the last fifteen years and they can be very difficult to treat conventionally, but Bi-Aura is now increasing their energy and well-being and helping them return to a quality of life.

Dr Mark Atkinson of the Complementary Medical Association believes Bi-Aura is one of the most important treatments for the future in our increasingly stressed society and I agree with him. I have seen the effectiveness of Bi-Aura with the practice of Miss Zoë Alexander, who moved over from the pharmaceutical industry and works in the same medical centre as I occasionally do.

I have now seen all types of illness treated from minor personality problems to major cancer. The client always appears to be helped and at the most ill end, for example, if they have advanced terminal cancer, their emotional distress and pain levels are greatly decreased. Less ill cancer patients can even go into remission having failed to respond to chemotherapy or radiotherapy.

However, the greatest use of Bi-Aura is in helping general quality of life and well-being as well as intervening before illnesses reach the more severe critical level. This is why it is so important to treat these dysfunctions at the earliest level and before they manifest as serious physical illness. In Britain today a quarter of the adult population suffers from measurable mental illness and an increasing percentage are requiring either long term drug therapy for diabetes, arthritis, hypertension, heart disease, cancer, etc. or major surgery including hip replacements, transplants, and for cancer.

In conclusion, Bi-Aura is a therapy that can not only improve quality of life, but it can intervene at any stage to help turn the individual towards wellness and quality of life. The training is rigorous and the practitioners I have met are dedicated to helping others. Our increasingly stressed society needs their help.

Yours sincerely,

Dr David Mason Brown MB ChB  
Edinburgh

April 2005.

To the Bi-Aura Foundation

I am writing as a doctor to say how fascinating and useful I have found the Bi-Aura Therapy course. It adds a whole new dimension to the healing perspective, particularly through a doctor's eyes when the emphasis is more on treating the physical body. While Western drugs have their place, I have often felt that I wanted to do more for patients and to understand the disease process better.

The course has enabled me to view illness in very different way, relating symptoms to the various chakras. When one begins to realise the mental and emotional connections to problems as well as the physical manifestations it makes for much clearer communication and understanding. It also allows the causes of ill health to be addressed.

By doing the training I feel I have a whole new tool of my trade and that I can now help people in a very powerful way. I found the course tutors to be very authentic. Genuine and down to earth people and was delighted to learn that many of them have very practical experience of all sorts of clients and conditions, with excellent links with their local health service. This wisdom is transmitted to us during the course.

The course is very well structured with an in depth theoretical approach to the chakra system which is also highly scientific and the practical experience of learning Bi-Aura as a therapy with its range of techniques. I found the strong emphasis on personal growth and development to be particularly useful, especially the Chi Kung exercises and am glad that self development is such an important part of the course.

I highly recommend the course as a strong foundation for anyone working and/or interested in the complementary health field and for any health service professionals wanting to branch out into this field.

Thank you for running such an excellent course.

Dr Anthea Jackson

Newcastle

## GENERAL INFORMATION

The international headquarters of the Bi-Aura Foundation are located in Northumberland, U.K., where Founder, Máire Caithlín Dennyhöfer and her colleagues run the communications and administrative support to a growing network of practitioners throughout Ireland and the U.K. Máire and her team work very closely with the Bi-Aura trainers, to ensure that the quality of training and service provided by the Foundation continues to meet the highest possible standards. The Bi-Aura Diploma is now recognised and has been awarded A-Level status by the National Open College Network in the U.K.

Bi-Aura is a registered trademark which can only be used by members of the Foundation and ensures all members are insured, work to a consistent and high professional standard and follow the code of ethics. The Foundation has implemented structures to provide an excellent service and support for its members.

### **Support**

Ongoing support and guidance is available to help you set up and build your business from a Practitioners Business Manual to stationery, business cards and promotional material.

### **Insurance cover**

Comprehensive medical malpractice liability and professional indemnity insurance cover (to practice non-invasive therapy only. There is a loading for invasive therapy).

### **Publicity**

Copyright to use the Bi-Aura name, brochures and advertising material (available from the Foundation at cost plus P&P).

### **Website**

The Bi-Aura website contains a practitioner directory from which potential clients can access the practitioner direct. The Foundation also receives frequent inquiries from people wishing to receive therapy and these are referred to members in their locality. Advertising on the website with photo, personal details, location and contact numbers is also available. There is also an exclusive members site with chat lines and relevant links. The Bi-Aura Foundation is constantly working to raise the profile of Bi-Aura through new media, exhibitions and interaction with the medical professions.

### **Manual**

An operations manual and regular newsletters with informative sections to guide and support you in establishing your Bi-Aura practice.

The aim of the foundation is for Bi-Aura to become fully integrated with orthodox medicine in the N.H.S and for the therapy to be readily available to everyone. To support the anecdotal evidence of the effectiveness of Bi-Aura therapy an evidence base is being created via audit and evaluation forms.



BI - AURA<sup>®</sup>

Therapy

**UK Centre**

The Bi-Aura Foundation

The Rookery

Newton

Northumberland

NE43 7UN

England

t. +44-(0)1661-844-899

f. +44-(0)1661-844-882

Email: [info@bi-aura.com](mailto:info@bi-aura.com)

**Ireland Centre**

40 The Paddock

Ashtown Gate

Navan Road

DUBLIN 7

Ireland

t. +37-(0)1-868-2516

Email: [joeconno@gofree.indigo.ie](mailto:joeconno@gofree.indigo.ie)

Visit us at:

[www.bi-aura.com](http://www.bi-aura.com)



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