



BI-AURA®

Practitioner Diploma

In the constant flow and change of health and lifestyle, one name is emerging to stand out in a league of its own – that name is Bi-Aura.

The international headquarters of the Bi-Aura Foundation is located in Northumberland, U.K., where Founder, Máire Caithlín Dennhöfer and her colleagues run the communications and administration support to a growing network of practitioners throughout Ireland and the U.K. Máire and her team work very closely with the Bi-Aura trainers, to ensure that the quality of training and service provided by the Foundation continues to meet the highest possible standards. The Bi-Aura Foundation diploma training is recognised and has been awarded A Level status by the National Open College Network in the U.K. Bi-Aura is a registered trademark which can only be used by members of the Foundation and ensures all members are insured, work to a consistent and high professional standard and follow the code of ethics. The Foundation has implemented structures to provide an excellent service and support for its members, including:

Insurance Cover

Comprehensive medical malpractice liability and professional indemnity insurance cover (to practice non-invasive therapy only. There is a loading for invasive therapy)

Publicity

Copyright to use the Bi-Aura name, brochures and advertising material (available from the Foundation at cost plus P&P)

Website Directory

Advertising on the website with photo, personal details, location and contact numbers

Members Website

Exclusive members site, chat lines and links

Referrals

Referrals from the Foundation client database, Bi-Aura website and other linked sites

Manual

An operations manual and regular newsletters with informative sections to guide and support you in establishing your Bi-Aura practice



***Máire Caithlín
Dennhöfer***
Founder of the Bi-Aura
Foundation



Lynne E Ridley
Senior Trainer of the Bi-
Aura Foundation

“Health is not just the absence of illness – health is wholeness, vitality, clear thinking and a willingness to embrace change”

What is Bi-Aura Therapy

Thousands of years ago, Eastern healers understood the fundamental part that energy plays in our health and wellbeing. They learned where the centres of energy lay in the human body, how the patterns of our energy flowed and how to channel these energy flows. In the last century western science discovered that everything we can see and feel in the physical world around us, including the body is simply a manifestation of energy flowing in precise and ordered patterns. Bi-Aura therapy has built on this ancient knowledge and developed special techniques which enable practitioners to clear blockages or imbalances in the energy field and reactivate the body’s natural energy and capacity to heal.

Training – Your Inner Self is the Key

People today are feeling more and more isolated with little sense of belonging on this planet. Aware of the vacuous nature of their lives many people try to fill the void materialistically while others travel the world searching for enlightenment. Always, we look outside ourselves for comfort, yet it would appear that the answer to the quest lies inside us all. However, it would seem that this is the last place we are prepared to look. What are we afraid to find? Why should some feel that without living in deprivation, suffering and denial of the physical self, we will not find the light? Surely inner peace is far more simple to access. By showing compassion and forgiveness towards ourselves as well as others, we can learn self-acceptance, recognise illusion, let go of the fear and live wholly in the moment.

Bi-Aura students view their training as profoundly thought shifting and life enhancing. Through the simple process of working through the seven major energy centres (chakras), the subconscious is brought into consciousness and healing commences at a cellular level. The emphasis is on establishing a solid foundation and strong connection to the earth through the lower chakras and higher awareness. This makes it possible to sort what is real from illusion and avoid the mental and emotional confusion that can result from working with higher frequency energies when the link to the physical is weak. In other words, Bi-Aura therapists are very down-to-earth people, living in the here and now, with the skills to work safely with higher frequencies.

Course Overview

Training takes place one weekend a month over nine consecutive months. Beginning at 9.30am and finishing at 6pm each day with regular breaks for refreshments and lunch. Course notes are given to students in advance and provide a structure for the activities of each week end.

The Chakras

Beginning with the **Root chakra** and working up to the **Crown**, each of the first seven weekends focuses in depth on the influence of a specific major chakra and the consequences should it be excessive or deficient.

This activates the relevant chakra within the student and evokes any issues associated with it to come to the surface.

This is a transitional period as old, often forgotten, emotions resurface to be addressed. Students are taught how to recognise and process this trapped mental or emotional energy and to release it from their energy field.

As their energy fields clear the students' ability to hold energy increases, as do their healing skills.

Chi Kung

exercises are taught which students and therapists alike are expected to practise on a daily basis. These exercises provide a simple yet powerful tool to create a conscious awareness of our own energy field and to induce and maintain high levels of energy.

Bi-Aura Techniques

These are demonstrated and taught from day one and students are able to instantly effect positive changes in another's energy field. After the first weekend they are encouraged to practice on family and friends and to meet up and work with each other as often as possible.

Each month the previous month's theory and practise are recapped and more advanced techniques and further theory introduced. Usually at least four interactive Bi-Aura sessions take place each weekend.

Metaphysical Causation

The body is regenerating throughout every second of our existence. Isotopic studies have shown that we replace 98% of all the atoms in our body in less than one year. This being the case why do we remain sick for longer than this period?

Studies show we think in excess of 70,000 thoughts per day, 95% of which are the same thoughts we had the day before. So we keep creating the same patterns that create the same physical expressions.

Meditation

An invaluable tool to access our internal processes and communicate consciously with the physical, mental and emotional bodies. This does not involve sitting for hours willing something to happen, but spending a few minutes quietly sending our awareness to the chosen area. With practice it is possible to meditate in a bus queue, on a train or while walking.

We are What we Think

Our bodies are not a separate part of our being but a physical manifestation of the whole. There is a memory and consciousness in every single cell that responds to every thought that we have.

Consequently negative beliefs about ourselves, others or life and unexpressed emotions such as grief, anger, fear and love or unprocessed feelings of hatred, guilt, shame and resentment will eventually manifest as ailments in the physical body.

Thought is Energy

By learning to recognise our own negative thought patterns and self-limiting belief systems we learn that to forgive and accept ourselves is the first step towards the genuine forgiveness and acceptance of others.

Only when this is achieved are we truly in a position to have genuine compassion for others and to hold a safe and powerful healing space in which to assist others in their individual healing process.

Thought is Creative

Where we can create illness we can create health. Where we can create poverty we can also create wealth. We unconsciously attract the evidence to support what we think and believe. Equally, it is the nature of our existence that our beliefs should be challenged so that we are encouraged to re-evaluate and choose whether to reaffirm, modify or expand our beliefs.

Communicating with our Body

By first accepting that our ailments are our body's way of drawing our attention to one of the above we can begin to listen to and begin to understand the body's message.

Is my stiff neck a reflection of my rigid beliefs?

Is my sinusitis an indication that I am allowing myself to be oppressed by someone?

Is my arthritis a crippling reminder of my self-denial and subsequent frustration

Control dramas

We act them out every day of our lives. This section teaches us how to recognise the different roles we take on and why we do so, and how to break the pattern and avoid being drawn into other people's dramas. This frees us from the need to take energy from others and teaches us how to give energy freely so we need never feel drained by another person again.

The Significance of Colours

When healthy each chakra vibrates to a specific colour frequency. We learn the healing power and appropriate use of colour in Bi-Aura therapy sessions.

Spiritual Unfoldment

Our body and mind cannot develop fully and be in balance without also developing our spiritual awareness. This section includes:

- Connecting with our higher self and universal light
- Raising our energy vibration
- Recognising what is real from illusion
- Developing extra sensory perception
- The unfoldment of compassion and wakening to love

Professional Practise

From active listening, case notes and patient confidentiality to promoting and running your own business are integral to the curriculum. This section also includes lectures from professional business advisors.

Training Fees

Vary according to the location of the course (please see inside back cover) and include:

- Nine training weekends
- Training manual
- Practical and theory examination costs
- Insurance
- Case study appraisal
- Unlimited dialogue between the student and Bi-Aura trainers
- Light refreshments

COURSE REQUIREMENTS

Attendance of the entire course is mandatory. If a weekend is missed the student will be required to attend the relevant weekend on a later course.

Journal

Students are required to keep a journal recording energy awareness, personal clearing and healing experiences as they take place throughout the course.

To augment this process individual therapy sessions with a registered Bi-Aura practitioner at least once a month are an additional requirement.

Anatomy and Physiology

Before going into professional practice it is necessary to have a working knowledge of the above. This can be self taught or achieved by a correspondence course provided by an independent organisation or by ITEC through your local adult education centre.

Emergency First Aid

Professional therapists from all disciplines are required to keep their emergency first aid skills up to date. St. Johns Ambulance and The Red Cross provide half day and day training courses nationwide. Students are required to attain a First Aid certificate prior to the exam week end.

Homework

As well as daily practise of Chi Kung exercises and regular practise of Bi-Aura techniques further home study is required. Each training weekend questions will be set relevant to the theory covered. These should take up to two hours to complete.

Case Studies

From the fourth month of training students are required to begin compiling six case studies, recording the first three and final session of each in depth. These form the nucleus of a more expansive personal portrayal of Bi-Aura. To be submitted on the eighth weekend.

Personal Development

To graduate it is essential that, as well as competence in the theory and practise of Bi-Aura, appropriate levels of personal development are achieved. Therefore students are assessed, advised and supported on an individual basis throughout the course.

Full course fees must be paid and Case studies handed in prior to sitting the practical and theory examinations.

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A Diploma in Bio-Energy therapy and a **NOCN A-level** equivalent certificate are awarded to students who have achieved the appropriate level of personal development and a minimum of 75% for each of the following:

- Case studies
- Knowledge and application of techniques
- Written exam

Graduates are invited to become members of **The Bi-Aura Foundation** and to use the title **Bi-Aura practitioner**.

Ongoing support and guidance is available to help you set up and build your business from a Practitioners Business Manual to stationery, business cards and promotional material. Membership ensures each practitioner is insured, working to the same code of ethics and providing a consistently high level of service to the public.

The Bi-Aura Foundation is constantly working to raise the profile of Bi-Aura through the media, exhibitions and interaction with the medical professions. The aim of the foundation is for Bi-Aura to become fully integrated with orthodox medicine in the N.H.S and for the therapy to be readily available to everyone. To support the anecdotal evidence of the effectiveness of Bi-Aura therapy an evidence base is being created via audit and evaluation forms.

The Bi-Aura website contains a practitioner directory from which potential clients can access the practitioner direct. The Foundation also receives frequent inquiries from people wishing to receive therapy and these are referred to members in their locality.

Further training annual professional development week ends are held in the UK and Ireland. These provide a wonderful opportunity for members to exchange ideas and experiences. New techniques are demonstrated and presentations given by distinguished guest speakers from the world of complementary health and energy healing.

Animal Healing further two day training courses in this very popular field are also available to members.

The Complementary Medical Association and The British Complementary Medicine Association are both very supportive of the Bi-Aura Foundation and training, and graduates are eligible to join the CMA and BCMA as full members. The benefits include; recognition by other health professionals and the public as a reputable and qualified practitioner, client referrals, news letters and being part of organisations dedicated to promoting the importance and potential applications of complementary therapies within orthodox medicine.

“Our bodies are not a separate part of our being, but a physical manifestation of the whole”

COURSE SYLLABUS

Weekend 1: Root chakra

Theory: Course introduction and overview; The background and origin of Bi-Aura; The energy matrix; Energy healing/the invisible world; Increasing physical energy; Root chakra influences.

Practice: Chi Kung; Meditation; Demonstrations; Bi-Aura techniques stage one; Interactive sessions.

Weekend 2: Sacral chakra

Theory: The healing curve; Cleansing –internal and external; the tools of Bi-Aura; Healing colours; The power of the focussed mind; Sacral chakra influences.

Practice: Chi Kung; Meditation; Extrasensory perception 1; seeing energy and using colour; Bi-Aura techniques - stage two.

Weekend 3: Solar plexus chakra

Theory: Decisions and procrastination; Inner power; Control dramas – understanding people; Medical intervention; Four-step recovery plan; Solar plexus chakra influences.

Practice: Chi Kung; Meditation; Sensing subtle energy; Interpreting chakra disturbances; Bi-Aura techniques - stage three; Advanced migraine technique.

Weekend 4: Heart chakra

Theory: The body's regeneration; Disease and physiology; Human potential; Introduction to case studies; clinic set-up – records; Utilising advanced techniques; Heart chakra influences.

Practice: Chi Kung; Meditation; Emotional detoxification; Bi-Aura techniques - stage four; Advanced spinal alignment technique.

Weekend 5: Throat chakra

Theory: Purity and detoxification; Listening to the higher self; the expression of the chakras; Healing the inner self; Throat chakra influences. Practice: Chi Kung; Meditation; Bi-Aura techniques – stage five.

Weekend 6: Brow chakra

Theory: Power points that cause change; reaching the quantum world; Psychology and physiology. Brow chakra influences. Practice: Chi-Kung; Meditation; Extrasensory perception – stage two; Psychic healing; distant healing; Bi-Aura techniques – stage six.

Weekend 7: Crown chakra

Theory: Spiritual integration; Personal development; Crown chakra influences. Practice: Chi-Kung; Meditation – golden globe; Bi-Aura techniques – complete.

Weekend 8: Professional practise

Theory: Business training programme – working as a therapist, clinic set-up and records, legal requirements, insurance, promotion, administration and accounts; Start as you mean to go on. Practice: Professional therapy sessions; Clinical feedback and advice; Role play and record keeping.

Weekend 9

Day one: Examination of the students understanding of the purpose and practical application of Bi-Aura techniques.

Day two: Theory examination- three hour written paper. Debrief and open forum.

OUR SUPPORT TEAM



Dr Mark Atkinson

His appointment as co-Chairman of the British Society of Integrated Medicine and advisor to key Members of the European Parliament on nutritional/traditional medicine, reflects his position as one of Europe's leading experts within the complementary healthcare field. Mark says, "Bi-Aura has transformed my clinical practice. The clinical results are consistently good, the effect on my clients is profound."



Eunice Goodwin, Research and Development

A breast cancer programme facilitator within Ayrshire and Arran primary care trust Eunice, as part of her remit implements complementary therapy for breast cancer patients. Eunice has developed an evaluation tool generic to CAM practises and is currently creating a powerful, NHS acceptable evidence base.



Professor Jayney Goddard

Professor Jayney Goddard is the president of the Complementary Medical Association (CMA), the world's largest professional membership body for complementary medicine (CM). Widely regarded as one of the world's leading experts in this field Jayney received the "Achievement Award 2003 - 2004" for outstanding contribution to complementary medicine.



Dr David Mason Brown

In the words of a colleague, David is a unique individual. As well as being a gifted doctor, he is a healer in the true sense of the word. He healed himself from an illness that nearly destroyed his life and now he heals others who have often given up hope.

NEXT COURSE: **London: Nov 19 2005**

Fees - £2,975.00

The course will take place on the following nine weekends from 19 Nov 2005 to 9 July 2006.
Saturday and Sunday 9.30am – 6.00pm

Date	Cost	Date	Cost
Nov 19 & 20	545.00	April 08 & 09	297.50
Dec 03 & 04	297.50	May 13 & 14	297.50
Jan 21 & 22	297.50	June 10 & 11	297.50
Feb 18 & 19	297.50	July 08 & 09	297.50
March 18 & 19	297.50		

Methods of payment

Payment should preferably be made by monthly standing order which we will set up for you. We offer a 5% discount on the overall cost of the training if paid in a lump sum on the first weekend. Please note: The full course fees are payable, even if you don't attend a weekend or if you fail to complete the course. Included in the course fees are insurance, examination fees, training manual, the expertise of a business consultant on the 8th month for a day, lunch and light refreshments on training days.

Career Development Loans

The Bi-Aura Foundation is a recognised training provider (Number 10207) and students are eligible for Career Development loans available from major banks. These deferred repayment loans may be taken out to cover up to 80% of your course fees plus related expenses including books, childcare, travel and any costs associated with disability. The interest on the loan will be paid by the DoEE for the duration of your training and you do not start repayments until after completion. Interest rates vary considerably between banks. For more information call the Career Development Loan Information line
free phone 0800 585 505

Venue

The Kairos Centre
Mount Angelus Road, Roehampton, London
SW15 4JA
tel: 0208 7884188
Very pleasant and inexpensive accommodation.
Car parking.

Deposit

To secure your place, please complete the attached questionnaire and send it, together with a non-refundable deposit of £50 to The Bi-Aura Foundation as soon as possible. In the unlikely event of an applicant not being accepted the deposit will be refunded.



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nocn
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