

Newsletter May 2002

Forward by **Jayne Goddard, President of the CMA**.

"It is a great privilege to add a few lines to the Bi-Aura Newsletter as from firsthand experience I have found this to be an amazingly effective therapy. It is wonderful to see the focus and determination of the Foundation to provide a solid base for its members and achieve its aims of integrating Bi-Aura into mainstream medicine and astonishing to witness the progress made in such a short period of time. I wish you all every success and keep up the good work."

Membership- the membership year runs out 14th June and we are happy to report that those who are renewing membership can do so for £40 or €69.35 per year plus insurance. Balens insurance will be writing direct to you for renewal and we ask that you send payment for your insurance direct to them.

New members will be asked to pay £60 or €100 plus insurance to cover the extra expenses involved in initial registration.

Exhibitions The Bi-Aura Foundation is taking part in the Woman's World Show in Dublin 31st May - 2nd June, as part of the initiative to bring Bi-Aura to the forefront of healthcare. The show attracts over 40,000 visitors. We are also exhibiting in London at Olympia 6th – 8th September. Any therapists interested in taking part please contact H.Q.

One of our members suggested that if we were to gather together a list of all the exhibitions, large and small, in UK and Ireland over the next year we could ensure a presence. Members who are keen to exhibit would be kept informed and a roster could be created. The foundation can supply exhibition panels and posters etc. We welcome any thoughts on this.

Current courses the first London course has just finished and trainees are awaiting their results. The present Dublin and Glasgow courses are almost complete and students are busy revising! The second Omagh course is still in progress and going well.

New courses a course has just commenced in London and September will see further courses starting in London, Dublin, Edinburgh and North of England.

Workshops will be scheduled in the above areas in July & August.

Advanced training is scheduled for 6/7/8 December. Venue Carberry Tower, Edinburgh.

* **Irish Venue Request** If any therapists have any suggestions for an Irish Venue for an advanced Bi-aura training this year, please let Michael know ASAP (preferably near an Airport)

Stress management we would like to express our sincere apologies for the delay in re-scheduling the corporate training day as we know a lot of members were looking forward to it. We had good reasons to postpone and all will be revealed when it is rescheduled to take place in August or early September. In the mean time if any members are anxious to approach companies in their area please contact HQ for assistance.

New appointments

We are enormously grateful to **Lisa Sanders** and **Zoe Alexander** who have donated a huge amount of their time, knowledge, energy and enthusiasm into helping the Foundation progress. Their combined professional knowledge of research and development including audit and evaluation and clinical trials has proved invaluable. Consequently we are delighted to announce that they have now been officially appointed as **Bi-Aura Research and Development co-ordinators** and we will be flying them to Colorado USA to represent Bi-Aura at the **International Society for the Study of Subtle Energies and Energy Medicine (ISSSEEM) Conference** 14-19 June 2002. The purpose of this visit is to learn about current research opportunities, to explore and access research funding options, obtain workable research models, minimise wastage of time effort and money by learning best practice from others and to network with the aim of making as many contacts as possible.

Message from Zoe

The structure of the Bi-Aura Foundation is currently under review with the aim of strengthening it's root chakra. This will provide the necessary grounding and support for this exciting period of rapid growth and development within the Foundation. It is crucial that we are recognised as a seriously professional organisation so that we can attain our overall vision, which will ultimately benefit our members and clients alike.

We realised that to achieve this project groups needed to be created.

My involvement in this is to co-ordinate one of these groups.

In order to be recognised we will need to have a broad scientific base that shows how Bi-Aura works and what specifically we can prove it works for.

I'll be co-ordinating this "Research and Development" group together with **Mark Atkinson, Lisa Sanders** and **Eunice Goodwin**.

As a medical representative I spend my working life using the outcomes of research to persuade people as to why what I have is best. As part of this group I will spend my time creating bodies of research which Mark is suited to present to persuade others as to why what we all do is best.

One of the goals of the foundation is to create work for all its members.

The best way for this to happen is to create a strong evidence base.

Also very much inline with what Bi-Aura teaches us is that what we are prepared to give we will receive tenfold. It is in this light that I would ask anybody who has either the skill/will to speak to me as to what his or her potential involvement in this crucial group could be.

Also if there is anybody who has concentrated on treating any specific ailments with success we would appreciate contact from you as to how we could make your experience work for all of our benefit.

The current remit of the group is to look at discovering research models, conducting trial work within health and the corporate world of stress and performance as well as discovering ways to audit and evaluate what we do on a day to day basis.

You'll read from Mark how the back pain study went and Lisa and I will be lucky enough to be attending an International Conference on research into subtle energies and energy medicine. We fully anticipate coming back from this with research models in mind as well as a great set of contacts.

Further to research I'm also involved with looking at how we can improve the hit rate on the website. Once again I'd like to ask for your help here. If anyone comes across a great site and thinks we should be on it please let me know. As Tesco says-every little helps!

Lastly Marie is looking after PR and is keen to keep the profile of us in Scotland high. Can I ask that you all feed in any details you pick up of reputable firms in your areas to her and she can then ensure our presence is felt and that as many people as possible can be exposed to the benefits of Bi-Aura. That's all from me. Please feel free to call me on 0131 445 4924 or email me on zoealexander78@aol.com.

Profile of Lisa Sanders

Lisa studied biological sciences at the University of Edinburgh and graduated with an upper second class BSc honours degree in pharmacology in 1996. Her honours research project was later published in the British Journal of Pharmacology. She went on to work as a medical researcher in the field of breast cancer, collaborating on several PhD theses and achieving co-authorship on two papers published in the British Journal of Cancer.

Lisa took time out from research to qualify as a proofreader and copy-editor, and to train as a Bi-Aura practitioner. She currently works part-time as a medical researcher in the field of transplant medicine at the famous Lister Laboratories in the Royal Infirmary of Edinburgh. She also works as a freelance proofreader and editor with the medical and scientific publishing house, Harcourt Health Sciences.

In addition Lisa finds time to work as a Bi-Aura therapist and is currently offering free sessions to members of an anxiety and depression support group in conjunction with Zo? Alexander, for the purpose of audit and evaluation of the therapy. As a project manager for the Bi-Aura Foundation, she is also assessing the entire structure of the Foundation with the aim of strengthening our position to better support the exciting developments that are taking place at present. She is also working under the direction of Zo? to develop research models, which will provide a crucial evidence base for the therapy to be accepted by the NHS.

Members News

Dr. Robin Gibson: a hugely special person, with so much to offer anyone who chose to ask. Dear Robin passed away very suddenly. He was such a massive supporter of Bi-Aura and so helpful in guiding us in the direction he felt we needed to take so that Bi-Aura therapy might avoid being obliterated by beurocracy and legislation. All our heart-felt thoughts go to his wife Sheila. Both medical doctors, she and Robin worked together relentlessly to awaken the minds of their medical colleagues to the benefits of complementary medicine and therapy.

Welcome back to **Orla McGrath** who has rejoined the team after taking a sabbatical with her new baby **Eve**.

A long overdue thank you to **Morag Cadzow** for her contribution to the previous Edinburgh training and 'hats off' to her for taking the initiative to arrange regular get together days for therapists. They have proved very popular and present a wonderful opportunity to exchange sessions, ideas and to simply catch up with each other. **Margaret Lovatt** has joined forces with Morag to help to organise these days and the next one is scheduled for Sunday **7th July 1pm – 4.30pm**. Anyone wishing to attend please ring **Morag** on **01506 852084** or **Margaret** on **07836 749849**

Margaret Campbell, Perthshire. Margaret has been very pro-active in promoting her Bi-Aura practice and has recently received very positive press coverage. Margaret invited people with infertility problems, not connected to a medical condition, to take part in a study on how helpful Bi-Aura therapy would be. The study is in its very early days and Margaret is currently treating eight women and two men. We will keep you posted.

Lynda Brown, Dundee. despite having difficulties with her own health, has been pushed into action by one of her clients who had gained so much from her therapy that she has insisted that Lynda contact the ME association to promote Bi-Aura and Lynda is en route.

James McIntosh, Glasgow. James is happy at the rate his Bi-Aura practise is progressing. He is enjoying providing a service that gives quality time and good results to his clients. James went into his Bi-Aura practise with the previous planning that he could gradually reduce his commitment to Social Work. He is achieving this in that he works two weeks in his normal role and one week in Bi-Aura. He is comfortable at the rate of progress as although his vision is to do Bi-Aura full time, providing for his family is priority.

Ron Danskin, Kirkaldy, Fife. Since attending an open day on complementary therapy awareness organised by Fife primary care NHS trust, Ron has developed a healthy relationship with the trust. He has achieved excellent with results with nurses and a doctor from Queen Margaret's Hospital in Dunfermline and has been asked to attend another complementary health awareness open day aimed at young parents. Four further meetings with the trust are scheduled to update and plan how to move complementary health forward within the NHS.

Margaret Lovatt, Perthshire. Margaret recently attended a workshop held by Amelia Kinkade who is one of the top U.S. Animal psychics and has a world best seller book called 'Straight From the Horses Mouth'. She had been doing a tour of the U.K and her only Scottish date was a few weeks ago. Margaret Morag and Una attended and Margaret has this to say:

"Having read the book I was already practicing some of her techniques, but having a day of her putting us through the meditations and visualisations was amazing. Her way of thinking of everything on the energy level gave us an immediate connection. She explained that Clairvoyance, Clairsentience and Clairaudience with animals can be learned by everybody if we learn to connect to our animal spirit guides to help us.

Well there was a goat, a rabbit, five dogs, a hen, a cat and I took my kitten along that I had hand raised from a week old, she stole the show!

By the end of the day we were all getting it right with great excitement This will help us to take the healing of the animals with energy a step further and hopefully bring them a step closer to us."

Grainne Walsh, Dublin. In just over three years Grainne has built up a really busy and successful practise. Currently juggling, children, husband and housework and averaging 25 clients per week she has a vacancy for a housekeeper!!

Message from Michael

Personally I would like to thank the UK head quarters for the new Bi-aura promotional package. I think it is an excellent quality and I can only imagine the reason why it is so cheap is because it has been purchased in large quantity and presented to the therapists at cost price. One can only assume that this great offer can be maintained only if therapists purchase and use the package so that the Bi-aura Foundation can be repaid to further invest in new projects. So come on guys and gals lets get professional and promote Bi-Aura therapy and share in the success of busy clinics.

I have ceased private practice in Cavan in favour of promoting the Bi-aura therapists, training and foundation full time.

The best form of advertising is word of mouth so lets take out the Bi-aura list of therapists and do our best to promote each other.

Compliments of the three Musketeers:

'All for one and one for all'